

Fairy tales can come true It can happen to you if you're young at heart For it's hard, you will find To be nar
 out of being' alive And here is the best part *Young at Heart* If you are among the very young at heart F
 row of mind if you're young at heart And if you should survive to a hundred and five Look at all you'll de

Calendar of Events

February 2020

Happy
Valentine's
Day

FEBRUARY						
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

Service Project

Tues., Feb. 11 • 10 a.m. – Noon

Mercy Hall MH-1

Bring scissors. We'll make tray favors and cut out material for walker bags.

Lunch & Learn: Heart Health

Wed., Feb. • 12 – Noon

Mercy Hall Auditorium

Cardiovascular disease is the number one cause of death in the U.S. In fact, one out of four deaths is due to heart disease. Come hear Dr. Brian Simmons, non-invasive cardiologist with Mercy Cardiovascular Institute, talk about heart health. A light lunch will be provided by the Laurels of Canton and Massillon.

Mercy Health Center of Jackson Health Fair

Friday, Feb. 14 • 7–11 a.m.

7337 Caritas Circle, NW, Massillon

Each month, Mercy hosts a community health fair at one of its Mercy Health Center locations. Health fairs include low cost blood screenings (base package is \$15), free health screenings, promotional items and more. No reservations are required.

Heart Healthy Cooking Demonstration

Wed., Feb. 26 • Noon

Mercy Hall Auditorium

Mercy Heart Center invites you to this free program, which includes taste testing, recipes and a cooking demonstration. Reservations are required. Seating is limited. Please call Mercy Healthcare Connection at 330-489-1333 to reserve your seat.

Medicare Options Event

Tues., Feb. 18 • 9–11 a.m.

Mercy Hall Auditorium

One hour introduction to Medicare and one hour to compare the cost, coverage and convenience of several Medicare Advantage Plans in one location. No reservations are required. Refreshments will be served.

Mercy Health Center of Lake Health Fair

Friday, Feb. 28 • 7–11 a.m.

432 King Church Ave., SW,
Uniontown

Each month, Mercy hosts a community health fair at one of its Mercy Health Center locations. Health fairs include low cost blood screenings (base package is \$15), free health screenings, promotional items and more. No reservations are required.

Monthly Book Club

Mercy Hall
MH-1

Tuesday, February 25
10:30 a.m.–Noon