Physical Requirements:

**MEDIUM WORK:** Exert up to 50-lbs. force occasionally, and/or up to 20 lbs. frequently, and/or up to 10 lbs. constantly

- Stand for ___6___ hour(s) per day
- Sit for ___1___ hour(s) per day
- Walk for ___1___ hour(s) per day
- Perform repetitive tasks/motions
- Distinguish colors
- Hear alarms/telephone/voice mail/normal speaking voice
- Have good manual dexterity
- Have good eye-hand-foot coordination
- Have clarity of vision: Near (< 20═); Mid (>20═ - < 20═); Far (> 20═)