Policy

A. Employed personnel entering the semi-restricted and restricted areas of the Operating Room/PAA/PACU/EP Lab/LDR/CVSOR are required to wear surgical attire, appropriate headgear and PPE (when necessary).
B. Personnel from other areas of the Medical Center and/or visitors entering semi-restricted areas of PAA/PACU/LDR are not required to wear surgical attire.

Purpose

To provide a safe environment for surgical patients by minimizing external sources of contamination.

Procedure

A. The following guidelines for wearing apparel shall be followed:
   1. All persons entering restricted areas of the surgical suite shall be attired in surgical attire.
      a. Clean OR scrubs can be worn throughout the hospital without outer covering, including outside on hospital property.
      b. If the scrub uniform becomes contaminated with drainage the scrub uniform will be changed.
      c. Clean warm-up jackets may be worn into the surgical suite.
      d. Shirts worn underneath scrub suits must be covered by the OR uniform. Preferred v-neck or muscle man tee shirts.
      e. Sweaters are not to be worn over a scrub suit. Warm up jackets and hats must be color-coordinated with scrubs. There must be some blue tones in the warm up jackets. Warm up jackets commemorating the month of the holiday are acceptable.
      f. All OR scrubs can be:
         1) Purchased by the employee and home laundered
         2) Hospital issued and home laundered
         3) Or laundered and distributed by the hospital
   2. All possible head and facial hair, including sideburns and neckline, shall be covered and monitored by OR instructor in restricted areas of the surgical suite.
A. The surgical scrub cap or hood shall be clean and free of lint. Fabric caps are acceptable with a hospital surgical cap placed over fabric hat only at the surgical field. Hair is to be neat, natural styles are acceptable (for those not wearing hats). Hair must be pulled back if shoulder length or longer. Beards must not exceed ½” in length.

B. Surgical caps and hoods are worn at all times when in scrub attire within the restricted areas.

C. Shoes must be white only, including gym shoes. Regarding clogs – white or blue (light blue, navy blue, medium blue). No open toe shoes permitted. All shoes are to be clean and recommended to be left here for daily use.

3. All personnel shall wear high filtration masks in specified restricted areas of the surgical suite.

A. Wear a surgical mask that fully covers the mouth and nose when entering the operating room if an operation is about to begin or already under way, or if sterile instruments are exposed. Wear the mask throughout the operation.

B. Protective eyewear, masks or face shields should be worn whenever activities could place personnel at risk for a splashing or spraying.

C. Masks MUST be changed between cases and whenever they become moist.

4. Jewelry:

A. Must be kept to an absolute minimum as it is a constant source of contamination.

B. Necklaces shall be covered with scrub attire or worn close to the neck.

C. Absolutely NO jewelry is permitted on the hands or arms when scrubbed for procedures.

5. Fingernails:

A. Must be kept trimmed short and kept clean, must not exceed ¼” in length. False (artificial) nails, press-on nails are not permitted. Only light pink or light earth tones nail polish is permitted for non-scrub personnel only. Charms or decals on fingernails are unacceptable.

B. ALL nail polish must be removed before scrubbing for a procedure.
6. Hose, knee-highs or sport socks, white, black, brown or blue, are permitted. One type of sock MUST be worn with scrub attire daily.

7. Shoe covers are worn for aesthetic measures only.