

At Mercy Medical Center, we're committed to helping you take charge of your breast health. Whether you need to schedule your annual mammogram, require diagnostic breast procedures, or have special breast health needs, Mercy Breast Care Center offers you quality, compassionate care in a comfortable, private environment.

#### SCREENING MAMMOGRAPHY LOCATIONS

##### MERCY MEDICAL CENTER

1320 Mercy Drive NW, Canton, OH 44708

##### MERCY HEALTH CENTER OF JACKSON

7452 Fulton Drive NW, Massillon, OH 44646

##### MERCY HEALTH CENTER OF NORTH CANTON

6200 Whipple Avenue NW, North Canton, OH 44720

##### MERCY HEALTH CENTER OF LOUISVILLE

1302 West Main Street, Louisville, OH 44641

##### MERCY HEALTH CENTER OF CARROLL COUNTY

125 Canton Road, Carrollton, OH 44615

##### MERCY HEALTH CENTER OF TUSCARAWAS COUNTY

1031 West High Avenue, New Philadelphia, OH 44663

Diagnostic mammograms must be scheduled at Mercy Medical Center's main campus, Monday through Friday, 8 a.m. - 5 p.m.

For a screening or diagnostic mammogram appointment, call Mercy Breast Care Center at 330-489-1493.

MERCY MEDICAL CENTER

1320 MERCY DR. N.W., CANTON, OH 44708

CANTONMERCY.ORG



**MERCY**  
MEDICAL CENTER

*A Ministry of the Sisters of Charity Health System*

# MERCY BREAST CARE CENTER



**ONE PURPOSE:  
FIGHT CANCER.**



**MERCY**  
MEDICAL CENTER

Medical experts recognize mammograms are an essential part of safeguarding the health of women over 40. The American Cancer Society (ACS) reports 18% of all breast cancers occur in women ages 40 to 49. Yet studies show mammography has reduced breast cancer-related deaths by 36-44% among women in their forties. Considered the most accurate method of detecting early-stage breast cancer, mammograms help save lives.

If you are over 40 and have never had a mammogram – or a recent mammogram revealed the need for further breast evaluation – you may be unsure of your next step.

At Mercy our desire is to set you at ease about mammography and related diagnostic procedures. Mercy Breast Care Center, located at our main campus, takes a personal, confidential approach with each patient, providing not only medical services, but also a variety of programs for special breast health needs and individual case management when necessary.

#### SCREENING MAMMOGRAPHY

Women over 40 without breast complaints should undergo an annual x-ray examination of the breast, also known as a screening mammogram. Used as a preventive tool, the goal of screening mammography is to find cancer too small to be felt by you or your doctor.

Each of the six Mercy mammography sites offers private rooms and a female staff of certified technologists. Our state-of-the-art mammography equipment delivers low-dose x-ray radiation, and all units have been accredited by the American College of Radiology.

Select locations provide early morning and Saturday appointments. All mammograms should be scheduled after receiving your doctor's referral.

During a screening mammogram, you are required to undress above the waist and put on the provided wrap. A technologist then positions your breasts for the mammogram. The procedure takes approximately 20 minutes and includes a few seconds of breast compression. You will receive your mammogram results within 30 days.

If anything requires further evaluation, you will be contacted within five working days.

#### AN ABNORMAL MAMMOGRAM



Sometimes a screening mammogram may reveal a breast abnormality that requires additional assessment using an appropriate diagnostic procedure. At Mercy Breast Care Center, our nurse coordinator will provide you with support and information, answer any questions you or your family may have, and act as a liaison between you, referring physicians, and – if necessary – surgeons and medical oncologists. The nurse coordinator also stays with you during all procedures at Mercy Breast Care Center and maintains contact with you throughout any subsequent treatment.

To contact the nurse coordinator, call 330-580-4727.



**The American Cancer Society guidelines for the detection of breast cancer in women without symptoms are:**

Women 40 and older should have a mammogram every year.

Women 40 and older should have a physical breast examination every year, performed by a health care professional such as a physician, physician assistant, nurse or nurse practitioner. This exam should take place near – and preferably before – the annual mammogram.

Women ages 20-39 should have a physical breast examination every three years performed by a health care professional.

Women 20 and older should perform breast self-examinations every month.



## DIAGNOSTIC PROCEDURES

Current medical technology now makes it possible to diagnose breast cancer without surgery. In addition to screening mammography, Mercy Breast Care Center offers a full range of mammography and other minimally invasive biopsy procedures, including:

**Diagnostic Mammogram** – More detailed than a screening mammogram, a diagnostic mammogram is an x-ray of the breast used when a woman has a breast complaint (breast mass, nipple discharge, etc.) or an abnormality is found during a screening mammogram.

**Breast Ultrasound** – Used to help identify breast cysts and other abnormalities, an ultrasound may be utilized alone or in conjunction with mammography. The ultrasound is a particularly useful test for women under 30 or women with dense breast tissue.

**Breast Biopsy** – Being told you need a breast biopsy can be a frightening experience. **However, the majority of breast biopsies do not reveal cancer.** Using equipment specifically designed for breasts, the biopsy takes about an hour to perform, costs less than surgical biopsy, requires only a local anesthetic and does not leave scars.

**Breast MRI and Breast MRI Needle Localization** – Mercy was the first Stark County hospital to offer breast MRI and breast MRI needle localization. The breast MRI, which employs magnetization and radio waves instead of x-rays to produce detailed images, may be used in addition to other diagnostic procedures.

Mercy Breast Care Center also provides ductograms, stereotactic breast biopsies, needle localizations and breast ultrasound-guided biopsy.

## SUPPORT SERVICES

Mercy Breast Care Center offers a variety of programs focused on special breast health needs of women, including breast cancer prevention, education, and support services.

For more information about support services, call 330-430-2777.



## ANGEL NETWORK

Although African American women are less likely to develop breast cancer than other races, statistics show their mortality rate is higher. To address this concern, Mercy Cancer Center adopted a local chapter of the African American Women Nurturing and Giving Each Other Life (ANGEL) Network.

Supporting African American women that want to take charge of their breast health, Mercy's ANGEL Network – funded in part by a grant from the Northeast Ohio Affiliate of Susan G. Komen for the Cure – promotes early-detection programs, access to screenings and breast health education.

## MERCY BOUTIQUE

When a serious illness affects a person's physical strength and appearance, self-esteem and emotional well-being are often undermined. Mercy Boutique was created to be a sanctuary of hope and healing for cancer survivors and individuals with other medical conditions. Products include custom breast prostheses, mastectomy forms, specialty bras, lymphedema products, wigs, swim forms, scar reduction sheets and many other beauty-enhancing items.



## CLINICAL STUDIES

Mercy Breast Care Center currently participates in several national clinical trial organizations including National Adjuvant Breast and Bowel Project (NSABP), Eastern Cooperative Oncology Group (ECOG) and Clinical Trial Support Unit (CTSU). Each of these groups offers a number of trials specific to breast cancer. Clinical trials are research studies that answer specific questions about new ways to improve cancer care and/or to assess the safety and efficacy of new approaches to prevent, detect, diagnose and treat cancer. Often enrollment in a clinical trial can provide access to newer drugs that might not otherwise be available. Other clinical trials utilize currently available drugs in different regimes that appear more promising than standard therapy.

For more information about breast cancer trials, call one of our research coordinators at 330-588-4588, 330-588-4589 or 330-489-1274.

